



JANUARY 2016 NEWSLETTER

Winter Issue, Volume 2

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Here we are again. That time of year where everyone is talking about New Year's Resolutions. But for me it isn't the resolutions that are important, but rather the intention connected to the resolution. Resolutions remind me of that list you make every day only to find that you never finish it. So this year instead of making that list of resolutions knowing that it is only a matter of time before I won't complete them, I am going to concentrate on the intentions for my life.

What is an intention? An intention is the thought process that leads you to your best behavior at any moment. Rather than making a resolution to lose weight, I will start every day with the intention to create a healthy body through my eating. As a business person my best intention is to wake up each day and choose three things that I can do to improve my business. A new day, a new intention. No failure, only a setting of the mind to have your very best day. No matter what happens, I will set the intention in my mind again the next day.

As a parent you can set intentions to pay more attention to one aspect of your parenting. Just one. Today. Not a resolution to always be patient, never lose your temper, etc. Just the intention to notice your behavior in one aspect of your parenting, today.

The setting of daily intentions certainly helps you have a more positive mindset for the day, and if done daily will multiple in so many ways in your life.

I think that setting long term intentions regarding our children can actually help us be more consistent in our parenting. We all know how tenacious our children are and how they can wear us down through their ability to beg us for something for so long that we finally give up. But if our intention is to create a strong character in our child, this intention can win the war and help us to be tough when necessary so our children can grow through life's tough lessons.

Steven Covey, in his book, Seven Habits of Highly Effective Families, talks about having a flight plan. Setting your daily intention is like having a flight plan. In this way we can stay on course and weather the small battles that might keep us from parenting our children to their greatest growth.

Having parenting intentions, or a flight plan, can help us remember that the future skills our children possess is far more important than creating a momentary feeling of good.

Have fun setting intentions that always lead us to better more mindful daily behavior. I hope you use it in your parenting and I hope you enjoy the positive results.

Happy New Year

January Themes

- January 1
It's A Brand New Year
- January 4-8:
Shape Up in the New Year
- January 11-15:
Snow & Snowmen
- January 18-22:
Men in History
- January 25-29
Women in History

**No Parent's Night Out
this month.**

**Next Parent's Night Out -
February**

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Menus - attached



Front Desk News

Taxes

Your year-end childcare expense report will be at the Front Desk by the second week in January. Our Tax ID number is on the bottom of the report. Again, we would like to say "Thank you" for choosing Children's Village as your daycare provider!

Hospital/Policy Form

As most of you know, every January we have to get updated forms for various reasons. During this next month we will be stopping you to ask you to fill out all the forms we need to keep compliant with licensing. Nothing has changed regarding our policies; we are just required by state law to get new signatures every year.

Weather Conditions

Sometimes the weather can be unpredictable. We try not to close the center, but sometimes it may happen. If you have any questions regarding closures or late openings, please call the center, as we update our voicemail frequently during inclement weather. (360) 256-5683

Non-Discrimination Policy

Providers, children and parents all benefit when children can learn and play together. Including all children, with or without disabilities. Our child care center reflects our larger community where all people live, work, and play together. Inclusion contributes to acceptance, improved socialization, and understanding of individual differences. It is the policy of Children's Village of Orchards that no person shall be subjected to discrimination by our facility or any of its employees and volunteers because of race, color, national origin, sex, religion, creed, sexual orientation, marital status, disabled or Vietnam veteran status or the presence of physical, mental or sensory handicap. Religious rights shall be respected at all times providing that the practice of an individual's faith is consistent with State and Federal laws.

IF Your Child is Absent

Starting January, we will be asking everyone to please make sure we are informed if your child will be

absent that day. Please call in by 10:30 A.M. to report an absence. IF you do not you will be receiving a phone call from us after 12:30 p.m. If you receive state assistance and your child has more than 5 unreported absences in a month, we may have to give your spot to another child, as we now have a waitlist in all classrooms. IF you receive state assistance and your child has more than 10 reported absences (For days they are scheduled to be here) in a month, we will have to notify state as you are not using your allotted days and they can go to someone else who needs them. (This could also mean you lose your spot).

We try very hard to accommodate most schedules, but you may be turned away if we do not know your child will be in attendance or you show up later in the day with no phone call. We send teachers home based on classroom numbers, so if you are not here by 10:30 a.m. there is no guarantee your child can stay for the day.

Snuggle Bunny News

Happy January! I hope this new year brings lots of joy for your family.

The color for the month is white, like the color of snow. The shape of the month is a circle. The vocabulary words we will be working on saying this month are white, circle, and snow.

Our goal this month is to work on keeping our shoes on, we will also be working on washing our hands.

The Snuggle Bunnies will also continue working on saying "Please" and "Thank you". As well as continuing to share our toys.

Thank you so much to all the parents who brought in yummy treats for our Christmas party. The Snuggle Bunnies had a great time with Santa and not one child cried when he came to visit.

Please bring in a bag that can stay here and hang on your child's

hook for their coat and extra clothes. This helps us keep things organized. Thank you so much.

Hope you have a fantastic January!



**Miss Wendy &
Miss Simona**



Tiger Cub News

Happy New Year from the Tiger Cubs classroom. This year is going to be full of fun and learning!

This month the Tiger Cubs will be focusing on the colors brown and white. The shape for this month is the Circle. The vocabulary we will be working on saying are “brown”, “white”, “star” “new year”, “socks”, “potty” and “shoes”. The

Tiger Cubs will also be working on putting our own coats, socks and shoes by ourselves as well as continuing to master potty training.

Please make sure your child has not only a warm winter coat but extra clothes here as well. Sometimes when we go outside we get a little wet, so extra clothes

are wonderful.

Thank you to all the parents who brought in treats for our party. The Tiger Cubs had great time with Santa!

Wishing you all a great January!

**Miss Simona &
Miss Adai**

Fuzzy Duck News

A very happy January to you all! The Fuzzy Ducks are going to be having lots of fun and doing lots of learning.

The letters for this month are N, O, P and Q. The vocabulary words are Happy New Year, healthy, exercise, snowmen and winter.

We will continue to work on our numbers by learning about the numbers 9, 10, 1 and 2. The shapes for this month are hexa-

gon, circle, oval and triangle. The colors of the month are yellow, white, brown and gray.

The goals for this month is working on sorting by color, size and shape. They will also be working on self help skills, such as putting on their shoes and coats.

A big thank you to all the families who helped out and brought goodies for the Christmas party. It

was a lot of fun, and Santa was a huge success too!

Please remember, it is colder, so please make sure your child comes to school with a coat.

Have a wonderful NEW YEAR!

**Miss Rachel,
Miss Ashley &
Miss Sara**

Bouncy Bear News

The Holiday season is past. Now it is time for us to dive back into our pre-k curriculum. Letters for January will be Nn, Oo, Pp and Qq. Monthly shapes are hexagon, circle, oval, and triangle. Color focus will be on white, yellow, brown and gray. Our themes for the month are Shape Up in the New Year, Snowmen, Men in History and Women in History.

We would like to thank all of our parents for all the wonderful gifts. Us Bouncy Bear teachers think our parents are the best. Another thank you to everyone who made donations for our class party. It was a huge success and the children loved our special visitor!

Just a reminder that share toy day is only on Friday. We know it is tempting to bring in cool new toys from Christmas, but Friday is the day to do so! Also please remember to keep expensive special and one of kids toys at home. We do not want these toys to get broken or lost. Please remember to please put their name on them too, as some children have the same toy!

Also please remember that it is colder and we still need to make sure we have a coat for your child. We try to go outside everyday, even if it is sprinkling, just to run around and get our wiggles out.

Please make sure you are here no

later that 10am for swimming which is on Monday's and Wednesdays. Our swim time normally starts around 10am, and we cannot guarantee there will be room in the later spots. Thank you for your understanding.

Have a very happy New Year!

**Miss Lisa,
Miss Conni,
Miss Marilynn**



Kangaroo News

Happy January to you all! The New Year is here!

Thank you for all the yummy treats brought for our Christmas party. It was an awesome celebration.

This month we will be learning about the colors white, yellow, brown and gray. The letters for the month are N, O, P and Q. We will also be learning about numbers in sets, 15, 16, 17 and 18. The shapes for the month are hexagon, circle, oval and triangle. We will also be talking about New Years Resolutions and making

some of our very own.

The goal for this month will be continuing to work on learning to tie and lace our own shoes.

This month we will be working on using our kind words and listening when others are talking.

Please remember that share toy day is Fridays only. Please don't bring in toys that are special as they can get broken because they get to share their toy with their friends.

Also, coats are still needed. It is cold outside and on days when we can go out, we will, so make sure

your Kangaroo comes with a coat. Thank you so much.

Miss Crystal will be going the Kangaroo team in the middle of January. We are excited to have her join our team. Stop by and say hello to her when she gets here!

Have a great New Year!

**Miss Michelle,
Miss Brenda &
Miss Crystal**

Panther News

A very happy New Year to you all! January is going to be a fun and busy month!

The Christmas break was a great time! The Field Trips were lots of fun and it was nice to relax and just have fun over the break.

Our art projects this month will be putting together a quote booklet, drawing our own winter scene and designing a snowmen scene.

We will also be doing cooking projects such as heart rainbow cookies, trail mix of food pyramid, edible snowmen.

The science project this month will be learning to make glitter snowflakes, designing a tornado in a bottle, making flubber and doing a sink or float experiment.

We will also be doing lots of different centers in the gym, like

water play, Polly pocket days, lego building and trains!

During Christmas break we cleaned up our cubbies and got new name tags and bags. We are excited to get cleaned up and organized. Please help your panther keep track of their items by putting them in their backpack. We have found many gloves, hats, scarves and socks laying around with no clue who they belong to. Check the Lost and Found in the front entryway if you are missing items. Also, please have them take all items on Friday.

January 18th is Martin Luther King Jr. Day and your child will have no school. We will be open here at Children's Village and will have lots of fun planned! As it gets closer be sure to check the

Front Desk.

We hope you have a wonderful January and enjoy 2016!

**Miss Heather,
Miss Brenda,
Miss Michelle,
Miss Shannon and
Miss Briget**