

July 2016 Newsletter

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Mothering Heights

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Independence - What does it mean for our children?

As we celebrate the independence of our country on the 4th of July, we should also take a look at how important the word "independence" is to the emotional growth of our children.

There are so many aspects to look at when we are deciding how to help our children grow and develop. When it comes to independence we are often torn between wanting to coddle them and know that they need us one day, to wanting them to be independent and help us on the next day.

Since all growth is intertwined, it is important to realize that emotional growth is tied to all other areas of growth. Independence or emotional growth is often tied to overcoming fear.

Method 1: Modeling Independence

Show your child that you are independent. Share with them something that is difficult for you. Show them how you didn't give up.

Method 2: Helping Independence Grow.

Pay attention as your children play and notice when they have figured something out on their own. Ask for their input on small tasks. Let them know their opinion matters. "Thank you for putting the silverware on the table. That really helps with our dinner." Be sure that the child is responsible for their own stuff. If they can get it out to play with it, they can put it back.

Method 3: Providing and Loosening Boundaries.

Encourage your child to play by themselves. Bring out a toy that's not always used and let them enjoy it all by themselves. When your child says they are bored ask them to show you how they are going to solve it. Hand them a towel and say, "What could you do with this?" Extend boundaries gradually. Maybe you currently ask your child to play next to you. Maybe the next step would be to let them play in their room by themselves.

Independence for this country was a long, hard fought battle. Look at independence for your child as a smoother process offering your child a little space to grow.

July's Themes

- July 1
Happy Birthday America
- July 5-8
Beach Party
- July 11-15
Exploring the Pacific NW
- July 18-22
North to Alaska
- July 25-29
Wild West

Upcoming Events

- 7/4 Center Closed

Children's Village Updates

Check out our website:
orchardschildrensvillage.com
We will be posting upcoming events, information about us and so much more there!

Have you given us your email address yet? We are would like to cut down on the paper we use by sending out our newsletter, menu, and calendar via email! Stop by the Front Desk for more information.

Refer a Friend!

Want a \$75 credit on your bill? Refer a friend to Children's Village and after their first month of care, you will get a \$75 credit on your bill for referring them! Stop by the office and pick up a business card with all this information today!

Front Desk News

Sandals

Just a little reminder to please not send your child in flip flops or sandals without backs. Although the shoes are cute and easy to put on they are not safe for running. Thank you so much!

Sunscreen

Please bring sunscreen for your child. We will keep it

with us and apply only to your child as needed. If you could help us out by applying it to your child before they arrive that would be appreciated very much. Don't forget to fill out our sunscreen form, either at the office or in your child's classroom.

Thank You

A big thank you to all of those who attended our Father's Day

breakfast. We had a great time and the food was so yummy!

Fourth of July

Don't forget we'll be closed July 4th in honor of Independence day! See you Tuesday, July 5th! Have a safe and happy Fourth of July!



Snuggle Bunny News

June was a great month and we are super excited about July. This month we will be learning about the shape, rectangle. Our color of the month is brown. We will also be learning to say the words, ball, kite, sand and horse. One of the goals we have this month is to learn how

to use our words instead of screaming or crying.

We had lots of fun making the Father's day gifts, we hope you all had a great Father's Day!

Please make sure your child has at least 2 pairs of extra clothes here at day-

care. We do lots of messy play and it helps to have extra clothes on hand, just in case.

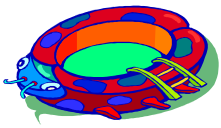
Thank you for all you do for us! We're looking forward to a fun July!

Miss Wendy
&
Miss Simona

Tiger Cub News

This month we will be focusing on lots of fun and learning. The color for this month is blue and red. The shape we will be learning about will be the triangle.

The vocabulary words for this month are



“sand”, “ball”, “triangle”, “beach”, “blue”, and “red”. We will continue to work on learning to say our colors and shapes, and asking for help.

Our goal for this month is to work on using gentle touches and saying sorry when we hurt our friends. We will also continue to work on saying

“please” and “thank you”.

Please make sure your child has extra clothes here.

Hope you have a very happy July and that you get time to get out and enjoy the sun!

Miss Simona

&

Miss Adai

Fuzzy Duck News

Happy July! We are excited about a new month and all the fun projects we will be doing. Our letters for this month are: S, T, U, and V. We will also be focusing on the numbers 5, 6, 7 and 8. Our colors for the month are blue, white, yellow and green.

Shapes are circle, triangle, square and pentagon. As summer fun approaches so do many new vocabulary words. This month our words are flag beach, Alaska, wild west and ocean.

Our goals for the month is to work on making our own beds and lining

up nicely.

We may be having more days of playing outside, please make sure your child is dressed appropriately.

Have a great July!

Miss Rachel,

Miss Ashley &

Miss Sara

Bouncy Bear News

Can you believe its already July? Letters for the month will be B, W, A and C. Shapes will focus on circles, rectangles, octagons and squares. Monthly colors are yellow, gray, gold and brown. Numerals for July are 0-10.

We will be having a fun day Friday every Friday this month. Sprinkler play, pajama day, panning for gold and

cowboy party are all set to go!

Share Toys: Your child may bring in 1 share toy on Friday. Please do not send more than 1 toy, or a toy with several pieces/accessories. They are hard to keep track of. Please remember, that we try to label and keep track, but unfortunately toys get misplaced or even broken. For this

reason we ask that your child does not bring expensive or “special” toys. Thank you for your help with this.

Our garden... we continue to work on the garden and are trying to plant later, we'll see how it goes!

Looking forward to a fun July.

Miss Lisa,

Miss Conni &

Miss Marilynn

Family Fun

Vancouver Rodeo

When: July 1-4

Where: Clark County Saddle Club

Description: This is a must see annual event for anyone who likes live rodeo action. Bronco riding, bull riding, steer wrestling, barrel racing, and some humor thrown in!

Find out more at

www.vancouverrodeo.com

Chelatchie Prairie Railroad

When: July 2nd at 12pm and 2:30pm, July 3rd at 12pm and 2:30pm

Train Robbery Specialists:

July 16th & 17th at 12pm and 2:30pm

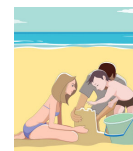
Description: Join us for a 10 mile round trip, from Yacolt to Lucia falls, through beautiful North Clark County, stopping at Moulton Falls Park.

See www.bycx.com for more details.

Battle Ground Harvest Days

When: July 14th-16th

Harvest Parade on July 16th



Campfire Cooking Recipes

Enjoy some fun cooking over a
campfire

Cinnamon Rolls in An Orange

1 orange per person Milk
Refrigerator Biscuits Cinnamon
Powdered Sugar

Cut 1/3 of the orange off and scrape the pulp from the insides of both pieces. Take one biscuit and mash it out. Sprinkle with a little powdered sugar and cinnamon. Layer on 1 or 2 more biscuits, sprinkling each one. Roll up the layered biscuits and put into the hollowed orange. Add about a tablespoon of powdered sugar on the top and a teaspoon of milk. Replace the orange top and wrap in heavy duty tin foil. Place in coals for about 30 minutes. Remove, unwrap, pull top off, and out pops a delicious cinnamon roll with a hint of orange.

Tin Foil Dinner

Hamburger Thin Sliced Carrots
Thin Sliced Potatoes onions
Canned Corn Condiments
Ketchup/salsa/BBQ Steak Sauce
Grated Cheese Mushrooms
Vegetable Spray Onion Soup Mix

Cut tin foil about 10X14 inches. Mix in Onion soup with hamburger. Lay a thin hamburger patty on two pieces of tin foil. Cover with vegetables. (Cutting the vegetables into small strips make them cook even faster). Add seasonings and sauces if desired. Fold along the edges several times leaving room for expansion. Place on the coals for 10 minutes. Turn over. Cook 10 minutes more. Remove and check, cook until meat is done and then eat!



Kangaroo News

As the summer sun approaches we are gearing up to learn more about summer. This July our colors of the month are purple, pink, yellow and blue. We will be focusing on the letters, A, B, C and D.



We have new vocabulary words. They are: beach, northwest, Alaska and Wild West. We will also be discovering more about heart, triangle, circle and rectangle.

Along with that we will be working on writing our first and last names, plus working on signing the alphabet.

We are continuing to watch our garden

grow. We are anxious to see the fruit and vegetables start to form and can't wait until we get to taste the yummy food! Looking forward to a fun and hot July!

Miss Crystal
&
Miss Michelle

Panther News

We are so excited it is already July! Summer sure has been a lot of fun and it is only going to get better!

This month the themes are:

To the Net
Let's Golf
Dive On In
Hoops and Loops
Goals and Bases

Please remember to be here **before 9**. If you show up **after 9**, it could be that your child will miss out on the Field Trip and sent home for the day.

We go on field trips Tuesdays, Thursdays and Fridays. Check the front desk for the Field

Trip Calendar.

Please remember to bring a water bottle, it is helpful when we are on field trips.

For cooking we will be making Rice Krispy Beach Cups, Jello Pool Dishes and learning to make homemade butter.

For science we will be doing ocean in a bottle, making our own rainmaker and making gak.

Throughout the week we do fun competitions with the Panthers! Be sure to ask your child about all the fun they have!

Please remember to bring in sunscreen for your child. Remember

to put it on in the morning and we will reapply in the afternoon. We don't want your child to get burnt!

A big thank you to all the dads, grandpas and uncles who made it to our Father's Day breakfast. We had a great time and hope you enjoyed it as well.

Hope you have a wonderful July!

Miss Heather,
Miss Brenda,
Miss Michelle,
Miss Shannon, &
Miss Crystal