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# August 2016 Newsletter

**Summer Issue, Volume 3****August Themes**

- **August 1-5:**  
Fun at the Fair
- **August 8-12:**  
Summer Olympics
- **August 15-19**  
Pirates A'Hoy
- **August 22-26**  
So Long Summer
- **August 29-Sept 2:**  
Back to School

**Panther Themes**

- See Panther News

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## Mothering Heights

By Penny Haakinson

If there is one thing that all of us seem to struggle with it is change. There is something about the comfortable feeling that comes with consistency that just seems to make life easier.

Change is the reason that we work so hard to establish a consistent routine for the children that we care for. They draw comfort from knowing that after free play the toys are picked up and then we go to the bathroom before we go outside to play, etc. They like to know what happens next in their lives. Think about your daily schedule. You might be someone who makes a list to start each day, or maybe you just start each day with a general idea of what your schedule or tasks will be. But our children just follow us as we tell them what is happening next. By giving them a general sense of what their day might bring, we help to lower their anxiety about what lies ahead.

To help you empathize with the mind of your children, just think about the last time you had to change jobs or move into a new house or apartment. That is the type of anxiety that our children feel most of the time.

On the flip side, some parents tell their children so much about what changes are coming, (i.e. leaving for vacations, grandparent visits) that the child's anxiety raises to a higher level than usual. One rule of thumb that always seems to be effective with children is to let them lead the way with their own questions. Try to only give them the amount of information that they seem interested in. This is going to vary a great deal from child to child, so the challenge will be, how well do we know our children and how much information is the right amount.

Routine is probably the best tool to help your child feel comfortable about their day. But when faced with changes in their schedules or their lives, remember to ease them into it by giving them as much information as they seem to need.

## Fun August Facts

### August 10 is National S'mores Day!

Fun Activity:  
Get all the fixing for S'mores and make them around a campfire. If you don't have a campfire, roast them over the barbeque!

### August 19 is Potato Day!

Fun Activity:  
Make your own potato person out of a real potato, go to the craft store and pick up some fun eyes, mouth and yarn for hair. Come home and decorate!

### August 31 is National Trail Mix Day

Grab some trail mix, a bottle of water and go on hike on August 31st! What a fun way to celebrate National Trail Mix Day!



## Front Desk News

**School Start Dates:**  
Evergreen: August 31  
Battle Ground: Sept. 7  
Vancouver: August 31

### Labor Day

We will be closed Monday, September 5th in honor of labor Day. Normal daycare will resume Tuesday September 6th.

### State Parents

School is starting up again. If you are a state parent please make sure you call state and let them know you no longer needful days as of September 1st. Remember state is only open for phone calls from 8am to 5pm.

### School Schedules

School Age Parents please stop by the Front Desk and give us your child's schedule for the school year; in order to plan our bus routes. The

sign up sheet will be posted at the Front Desk. Thank you!

### Swimsuits

Please stop and check with your child's teacher to see if your child needs a new swimsuit. This is the perfect time to get a new one! Remember, with swimming starting you will need to have one that stays here for your child.

### Vacations/Days Off

If your child is not going to be here for the day or week, please call and let us know. We schedule our teachers according to the number of children that will be here. Please keep us in the loop with schedule changes and days off so we can staff accordingly. Thank you!

### Kindergarten Shots

If your child is going into

Kindergarten in the Fall, you will need to turn in your updated Kindergarten shots to us and the school they are attending. Thank you for helping us comply with this requirement.

### Rates

Come September, our rates will be going up. If you are currently at a lower rate, you will be increased to the new rates. Due to the yearly increase of minimum wage we can no longer offer our old rates. If you have questions about this, please talk to Andrea or Marjie.

### Under Construction

In the next few weeks we will be having new window installed and new siding put on our building. Please bear with us once the project is under way. Thank you!

## Snuggle Bunny News

Can you believe we have one month left of our summer program? There are a lot of great activities planned for August. Our color of the month is gold. The shape for this month is circle. We will be working on saying the words: red, yellow, blue, green, black and

gold. Our goals this month are to work on signing please and thank you. Please, do not have your child bring in toys/objects from home, especially small objects. They can bring 1 share toy on Friday only, please make sure that

is age appropriate. We have had toys coming in that have small parts to them and we cannot have those in our classroom. Looking forward to a fun August!

**Miss Wendy**

&

**Miss Simona**

## Tiger Cub News

We are hoping that the weather in August will be cooler!

This month we will be focusing on a variety of activities. Our colors of the month are yellow and orange. We will also be learning about the shape, circle.

Our vocabulary words for this month are yellow, orange, circle, fair, summer and pirates.

We are continuing to work on potty training and working with the Tiger Cubs to tell when they have to

poop. We are also working on using our words, instead of screaming.

We are looking forward to a fun-filled month!

**Miss Simona &  
Miss Adai**

## Food Fun

### Fun and Easy Breakfast Surprise

Make peanut butter and jelly French toast!

Simply spread on piece of bread with peanut butter and another with jelly and put together like making a regular sandwich. Then in another bowl, mix 3 eggs, 1/4 cup milk, 1/8 teaspoon cinnamon, and 1/8 teaspoon vanilla. Dip sandwich in mixture, coating both sides and then cook in a pan on medium heat. No syrup needed!!!



## Fuzzy Duck News

What a great month July was and we are looking forward to August.

This month we will be reviewing the colors pink, yellow, green, brown, green and orange. Our letters will be W, X, Y, Z, and A. For our numbers we will be learning about 9,

10, 1, 2, and 3. We will also be learning about the shapes: octagon, circle, square, trapezoid, and triangle. Our goal for this month is continuing to work on using our manners by using kind words, such as please, thank you and excuse me. We are also

continuing to work on making our own nap mats.

It is going to be a great month!

**Miss Rachel,  
Miss Ashley &  
Miss Sara**

## Bouncy Bear News

Can you believe it's August? Where has the summer gone? We must be having a lot of fun; because time is flying right by.

Weekly colors are blue, red, black and green. Shapes for the month are oval, circle, star and hexagon. Letters and phonemic awareness will concentrate on Ff, Oo, Pp and Ss.

We have been having a great time with our "Fun Friday" activities. This month they will be C.V. Preschool Carnival, Go for the Gold Olympic Games, Argh Pirate Party and Art in the park.

Have you seen our garden? If not, you are missing out! We have lots of tomatoes, several peppers, pumpkins and our strawberry plants are loaded with

berries. We also have cilantro and chocolate mint. We are hoping to be able to use some of our wares with our lunch and snack.

We are looking forward to another fantastic month in Bouncy Bears!

**Miss Lisa,  
Miss Conni &  
Miss Marilynn**

## Fun August Activities

Take your kids  
blue berry  
picking

**Kaye's Blueberries** -  
5406 NE 219th Street,  
Battleground, WA,  
Phone: 360-687-4630  
Farm Sales & U-Pick,  
Wednesday through  
Saturday, from 9:00 am  
to 7:00 pm.  
Please call ahead!

**Majestic Farms** -  
18500 NE 182nd Ave.  
Brush Prairie, WA  
Phone: 360 883 2108.  
Open: daily from 8:00  
am to 8:00 pm.

Visit a local park

**Cherry Park**  
14510 NE 10th Way  
Vancouver, WA 98682

**Fir Crest Park**  
5th Street & 122nd Ave.  
Vancouver, WA 98682

**Diamond Park**  
NE 145th Ave.  
Vancouver, WA 98682



## Kangaroo News

Can you believe it's already August? This summer seems to have flown by. We must be having fun. Our letters for the month will be A, B, C, D and E. Colors will be yellow, blue, orange, red and green. Our monthly shapes are square, triangle, star and heart. We will continue to work on learning our sight words and working with our flash cards.

Classroom concern: Share toys or toys from home are

allowed at daycare on Fridays. There are no exceptions to this rule. Also remember that share toys should not be expensive, as they could get lost. Please make sure your child's share toy has their name on it. Many children bring in the same toy. Thank you for your help with this matter.

If you want your child to have sunscreen put on them, please bring in a bottle with their name on it. Some of

the sunscreens we have are running low, please check with the teacher to see if you need more.

Please make sure your child takes home each item in their red bag each night. Some of the bags are getting very full! Thank you!

Have a wonderful August!

**Miss Michelle &  
Miss Crystal**

## Panther News

The summer has been going great so far, the school agers have been having a blast on field trips and on in-house days, too! We are continuing the fun for August. Our themes for this month are: Southern Delicacies, Games at the Beach, Gymnastics Fun, Closing Ceremonies and Back to School! We also have lots of fun projects planned. We will also be cooking up a storm, we

will be making chocolate chip brownies, Kool-Aid with gummies, Chip's A'Hoy Crumble and Fair Food!

We will be doing some fun art projects as well, such as making our own Olympic Medals, pirate eye patches, summer portfolios and fair name badges.

Please remember to have your child bring in a water bottle on field trip days. This helps keep them hydrated!

Thank you so much for sharing your children with us. We are enjoying having them here!

**Miss Brenda  
Miss Heather,  
Miss Shannon,  
Miss Kristina,  
Miss Makenzie  
Mr. Drew &  
Miss Crystal**